

# THE ALEMANYAN

11111 N. Alemany Drive, Mission Hills, CA - (818) 365-3925 - www.alemany.org

**Bishop  
Alemany  
High School**

## Alemany Athletics — Winter Sports

### Wrestling— 2008 Team Mission League Champs! 2008 Individual Mission League Champs!

Akeem Gonzales(9)  
Anthony Espinosa (10)  
Geo Ketchedjian (12)  
Paul Romero(12)  
Gary Espinosa(11)\*\*

\*\*9th at *CIF Masters Tournament* and was invited to *CIF State Championship* in Bakersfield, CA

### Girls Water Polo—2nd Round of CIF-SS Playoffs

Erin Manke - 1st Team All League  
Whitney Ukanis - 2nd Team All League  
Jessicalina Orozco - 2nd Team All League

### Boys Basketball—1st Round CIF-SS Playoffs

Jordan Qualls - 2nd Team All League

### Girls Basketball—

Maya Sotelo - 1st Team All League  
Jackie Sanchez - 2nd Team All League

### Boys Soccer—

Felipe Blanco - 1st Team All League  
Danny Mellibosky - 2nd Team All League  
Jose Lopez - Honorable Mention  
Joseph Escobar - Honorable Mention

### Girls Soccer -

Katie Rappazzo - MVP Goalie  
Jackie Orellana - 1st Team All League

### Cheer and Dance—Compete in State Championships

The Cheer Team—March 7th— 9th  
The Dance Team—March 7th— 8th

## Senior Tribute Fashion Show

Don't miss the *1st Annual Senior Tribute Fashion Show!* Our sassy senior men and women will be modeling week-end wear, sports apparel, prom fashions and much, much, more! An elegant Stonefire Grill dinner will be served prior to the show. You can look forward to an entertaining evening of food, music, and fashion. Tickets can be purchased individually, as a half-table, or a full table. For more information and ticket sales, visit the Junior Class page on [www.alemany.org](http://www.alemany.org)!

## Walk-A-Thon => A Success!




### "Students Helping Students"

We wanted to thank everyone who helped make the Walk-A-Thon a huge success. The afternoon went pretty well, in fact the rain stopped right when the outdoor activities were arriving. Thanks to generous donations from many people we were able to raise an amazing \$5,500 for the financial aid program. A really big thanks to all those who helped with the arrangements prior to the event and during the event. This was really a successful event and we couldn't have done it without your help. This was truly a shining example as to what those at Alemany who truly care can really do. **Great job Kristelle Padilla Lindsay Hurt (12), Lindsey Bloom(12), Kristal Brown (12), Alex Martinez(12), and Pam Campo(12)**

## Social Justice Project

### *Our School's Mission In Action*

 Alemany's Social Justice classes celebrated **CATHOLIC SCHOOLS WEEK** by especially and specifically acting on the "conscientious leaders in service to others" part of the BAHS mission statement. The classes prepared meals for the local **Sylmar Emergency Winter Shelter**. On Tuesday, January 29 students prepared 100 lunches-- sandwiches, fruit, beverage, dessert, chips. Then, on Wednesday, January 30, students prepared and served DINNER for 100 people. All expenses were paid for with the students' **Recycling Money**.



## BAHS Students Wins Vans Shoes Contest

**Alexandra Cabal (10) Wins Vans Shoes Contest** Out of 340,000 entries, her shoe design won first place. As a result, she will receive a cash prize, an Apple Macbook Pro, and her design will be used for a limited edition of Vans shoes.

## Students Volunteer at Hospital

Nicholas Barrile(10) and Brian Levine(10) learn business skills while volunteering at Holy Cross Hospital. Both Alemany students have volunteered at the hospital since August. Nick and Brian run the hospital gift shop every Wednesday evening. Both have now completed over 100 volunteer hours at the hospital.

## Alemany Students Compete in US Navy Seal Fitness Challenge

**Scott Grijalva** (12) came in 3rd overall out of over 700 participants. **Christian Chaidez** (12) recorded the overall fastest swim time, and **Eric Stanely** (12) was one of the top participants in several events. The Navy SEAL Fitness Challenge is a series of physical fitness events challenging athletes to maximize their performance in individual tests of strength and endurance. It closely mirrors the initial physical screening test given to anyone who desires to become a SEAL. The events include a 500 yard swim, a push-ups, a sit-ups, a pull-ups, and a 1.5 mile run.

**Great Job Warriors!!**

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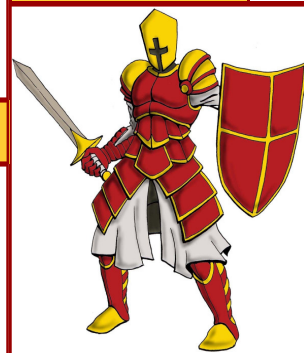
March 2008

### Special points of interest:

- Golf Tournament w/ **ONLINE** Registration
- Parent Board Elections
- Lenten Projects
- 2008 Important Dates
- Donor Wall Dedication

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## A Word From The Parent Association

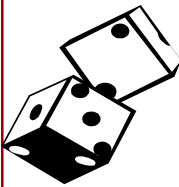
### Communion Breakfast



On January 27, 2008, over 200 people attended the eighth Bishop Alemany Communion Breakfast. The Communion Breakfast has become an honored tradition at Alemany. The purpose of the event is to bring Alemany families together with community members in a celebration of faith and communion. This

breakfast was celebrated in prayer and support of LAPD Sgt. Darren Costi who was seriously injured in a motorcycle accident last May. The proceeds of the breakfast were given to the Costi family. The Communion Breakfast would not be possible without the support of Alemany staff, faculty, students, families and community members, all under the guiding hand of our Alemany Campus Ministry, Father Paul and Father Norm who continue to lead us by their example, day after day. We are a blessed community and hope that you will continue to share our faith with us at the next Communion Breakfast in August 2008.

### Casino Night



Helen Keller said, "Alone we can do so little, together we can do so much". This continues to ring true as we say a heartfelt thank you to our community members who donated to the Communion Breakfast. We are indebted to **Bourbon Street Catering, Western Bagel, How's Market, Brewline and Vallarta Supermarkets** for their generous support of the breakfast.

We would also like to make a special acknowledgement of the **Brewline**, a must stop for caffeine, located just minutes from Alemany in San Fernando. Philip at the **Brewline** not only donated fresh brewed coffee and condiments for the breakfast, but also donated gift cards for each of the Alemany teachers in honor of their birthdays. Many thanks for your generosity.

Please show your Alemany appreciation by patronizing those businesses that support our school.

### Parent Board Nominations



It is that time of year again for nominations and elections to the Parent Board. Parents of freshmen and sophomores' please consider volunteering your time to the board. A description of the Board, the committees, and activities are in the Alemany Parent handbook beginning on page 71 and continuing to page 74.

This election is open to all Alemany Parents. *Please feel free to contact Mike Cox, Judith Hicks, Teresa Long, Francine Metcalf, or Pierette Jordan for information about the board and its activities.*

The positions open for nomination and election are:

- **President**
- **Vice President**
- **Secretary**
- **Treasurer** *(Those interested in Treasurer please consider experience in accounting is desirable.)*

Nominations are open till March 28<sup>th</sup>. The final ballot will be in the April Alemanian and also on the web.

Please show your support for Alemany and help us improve the Alemany

## Making A Difference During Lent



Students are helping the poor and needy in many ways during Lent including the following collections through their religion classes: **\*\*Over 140,000 people in the SFV go to bed hungry.** These are typically the families of the working poor who often must chose rent over food. Food banks are at very low levels. Our grocery bag collection goes to *Mend* in Pacoima and *SOVA* in Van Nuys to help these families. Grocery bags can be brought to school as soon as they are filled. The more bags filled, the better we can serve those in need. **\*\*29,000 people worldwide die everyday of malnutrition.** Our *Rice Bowl* donations go the *Catholic Relief Services* for their international work. *Catholic Relief Services* is able to provide nutrition for one day to a malnourished child for each \$1 we contribute.

### Attention: Seniors

Now is the time to fill out all necessary financial aid forms for college! The due date for the 2008-2009 Free Application for Federal Student Aid (FAFSA) and the Cal Grant G.P.A. Verification Form is **March 2<sup>nd</sup>**.

**Cal Grant GPA Verification:** Seniors can find Cal Grant GPA Verification release forms in the counseling office. Parents and students must sign the form giving Bishop Alemany High School permission to release GPA for verification to the California Commission.

**FAFSA:** The FAFSA can be filled out online at [www.fafsa.ed.gov](http://www.fafsa.ed.gov) and worksheets are available in the counseling office. Paper applications can be requested from the website. Since most people are using estimated tax information, people are encouraged to fill out the FAFSA online where changes are easier and faster to make.

**CSS Profile:** Some private schools (i.e. Loyola Marymount University and USC) ask for the CSS profile as part of the financial aid application process. Students should check to see if this deadline is earlier than March 2<sup>nd</sup>. The CSS profile can be filled out online at [www.collegeboard.com](http://www.collegeboard.com)

### Attention: Juniors



Come have your morning coffee with us! Parents of juniors are invited to a college coffee hour. Meet with counselors over coffee and bagels to ask questions and learn a little more about the college search and application process.

The coffee hour begins at 7:30 a.m. Please make sure to RSVP to reserve a space for one of the following dates.

- Friday, March 14<sup>th</sup>
- Friday, April 18<sup>th</sup>
- Friday, May 16<sup>th</sup>

**To reserve your space, please contact**

Ms. Garcia Word

(818) 365-3925 ext. 5285 or [pgarcia@alemany.org](mailto:pgarcia@alemany.org)

## Parent Association Update

- Parents, please return the Enrollment Agreement to the Front Office. It was sent home with the Parent-Student Handbook at the beginning of the school year.
- Post Prom Committee is looking for Enthusiastic Parents to be part of creating a drug and alcohol free alternative evening after Prom. We need new parents in all grades to keep the tradition going, this will be our 13<sup>th</sup> year, keeping our students safe. Do you like to be creative while meeting other parents and doing something for our student? We can use you as part of our committee, and mentor you for future Post Proms. Please contact Lori Brown at 837-5237 or [lbrown@alemany.org](mailto:lbrown@alemany.org) for more information.



## Fr. Norm's Nook



**A thought from Fr. Norm Supancheck:**

*"To laugh often and much; to win the respect of intelligent people and the affection of children; to earn the appreciation of honest critics and endure the betrayal of false friends; to appreciate beauty, to find the best in others; to leave the world a bit better, whether by a healthy child, a garden patch or a redeemed social condition; to know even one life has breathed easier because you have lived. This is to have succeeded."*  
 -- Ralph Waldo Emerson

## The Annual Alemany Golf Tournament



On **Monday April 14<sup>th</sup>, 2008** Bishop Alemany will host its annual Golf Tournament. The event will be held at Braemar Country Club in Tarzana, CA. Proceeds from the tournament will be donated to the school scholarship fund.

Once again the day will be filled with great activities including golf, refreshments, snacks, raffles and a silent/live auction.

The evening will include a no-host bar and delectable dinner. Registration forms will be available in January.

*Century West BMW who was last year's Hole-In-One sponsor has returned to sponsor the entire tournament this year. We can't thank Milo Rosas enough. He is a true Alemany supporter. **If golf is not your thing, please join us for the raffles, auctions and dinner.***

We are still in need of volunteers to assist in numerous ways both on the day of the tournament and before. For more information please contact us at [golf@alemany.org](mailto:golf@alemany.org) or call Debbie at 661-297-4307.



**REGISTER ONLINE @ [www.alemany.org](http://www.alemany.org)**

### Technology News!



We are currently reviewing and planning for our technology needs in the upcoming years regarding students, faculty, administration, & staff.

This plan focuses on curriculum and professional growth. We have surveyed students, faculty, administration and staff. We would also appreciate your input and support.

Please look for a Technology Parent Survey on Alemany's web site around March 10th.

Thanks,  
*leine Espinosa* -  
 Science Teacher and Technology Plan Coordinator

Made-  
 Computer

### Important Dates for 2008-2009 School Year

August 19th (2008)	First Day of School
September 1st	Labor Day
November 11th	Veterans' Day (observed November 10th)
November 27th—28th	Thanksgiving Vacation
December 22nd—January 9th	Christmas Vacation
January 19th	Martin Luther King Jr. Day
January 24th	High School Placement Test
January 25th—31st	Catholic Schools Week
February 16th	Presidents' Day
February 26th	Youth Day
February 27th—March 1st	Religious Education Congress
March 6th	High School Acceptance Letters Mailed
March 31st	Caesar Chavez Day (Observed March 30th)
April 10th—17th	Easter Vacation
May 22nd	Bishop Joseph Sadoc Alemany Day (Flex-Prom)
May 25th	Memorial Day
June 11th	Last Day of School

### From the Desk of the AP Coordinator



**To the Parents of all students currently enrolled in AP classes**

Participating in the AP Program that our school offers affords your son or daughter the opportunity to take college-level courses while they are still in school. The benefits of taking AP courses are many and varied in that the courses demand skills that can lead to success in college. Participating in the course can help students develop their writing skills, improve their critical thinking and the opportunity to develop good study habits, all necessary skills to be a successful student both in high school and college.

As you may all be aware the AP exams take place in May and with that in mind we are preparing to order the pertinent exams. Please make sure that our accounts department has received your payment of \$90.00 per course so that we can order the correct number of tests for your student.

- Maria Parker

### eSript Information

SIGN UP YOUR VONS AND RALPHS MARKET CARDS TO contribute a percentage of your purchases to Alemany. No extra cost to you. For VONS go to [www.escrip.com](http://www.escrip.com) and register Alemany with your card, or if you don't have your number call 818-877-SAFEWAY to get your number.

For RALPHS, go to their site RALPHS.com and click on community contributions. If you don't know your number call 800-660-9003 for your number.

You can also contact Lori Brown at 818-837-2537 or [Lbrown@alemany.oirg](mailto:Lbrown@alemany.oirg) for help. Check the website for more information and other merchants available.

## Respect for Life

Freshman parent, **Patti Flores** invites the Alemany community to participate in the national 40 Days for Life effort during this Lenten Season (Feb. 6 through Mar. 16). In addition to the 40 days of prayer and fasting for an end to abortion in America, all are invited to consider volunteer to pray and witness outside a local Planned Parenthood facility. For more information, contact Patti Flores, 818-349-3147 or [PFlores4Life@aol.com](mailto:PFlores4Life@aol.com)

Bishop Alemany High School  
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**Address Service Requested**

**Mark Your Calendars With These Important Dates**

**March**

- 3rd— **NO SCHOOL**—Faculty In-service  
FAFSA/GPA Verification Deadline
- 5th— Parent Meeting—"LAPD on issues concerning our Kids".
- 7th— ASVAB Test for Juniors  
"Night Of Entertainment"
- 10th— Sophomore Retreat  
Kairos Retreat (through 3/14)
- 13th— Alemany Fund Campaign *Victory Dinner*
- 15th— Band Spaghetti Dinner  
Incoming Freshmen Registration
- 17th— **SPECIAL SCHEDULE** (through 3/19)  
IOWA Testing (through 3/18)
- 20th— **HOLY THURSDAY—NO SCHOOL** (through 4/1)
- 21st— **GOOD FRIDAY**—ALL OFFICES CLOSED
- 28th— Spring Band Tour

**April**

- 1st— May SAT Registration Deadline
- 2nd— Parent Teacher Conferences (6:30-8:30pm)

- 2nd-3rd—Class Masses
- 4th— Student Fashion Show
- 5th— Texas Hold'em Tournament
- 7th— Re-Registration (Continuing Students)
- 9th— Parent Meeting—Princeton Review/"The Road map to College".
- 11th— "Mr. Alemany" Competition
- 9th-11th Valyermo Retreat (Juniors)
- 12th— ACT Test  
Alemany Amigos
- 14th— Sophomore Retreat
- 16th— Honor Roll Assembly
- 18th— ASB Convention
- 21st— NO SCHOOL—Faculty Inservice
- 22nd-25th Kairos Retreat (Seniors)
- 25th— Spring Musical Gala Opens  
Art Show
- 28th— Sophomore Retreat
- 29th— Spring Musical Performances for Middle Schools
- 30th— FAMILY FUN NIGHT (6-9:30pm)